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A  
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Decline And  
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Feels Like How to  
Unlock Your Brain  
Capacity ~~Save Your~~  
~~Brain: The Six-Week~~  
~~Rescue Plan How~~  
~~Does The Reading~~  
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Brain Work?

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Press Here for 30  
Seconds, And See  
What Will Happen to  
Your Body The 5  
Minute MIND  
EXERCISE That Will

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LIFE! (Your Brain Will  
Not Be The Same)  
BRAIN FOG

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Reboot Your Brain in  
30 Seconds -

(Discovered by Dr  
Alan Mandell, DC)

The Brain for Kids -

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how does it work?

Why Isn't My Brain  
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by Dr. Datis

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Exercise Will Reboot  
Your Brain In 30  
Seconds

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Change your Brain  
Chemistry-

Alternatives to  
Medication-

Neuroplasticity-

Depression Skills #8

~~How I Tricked My  
Brain To Like Doing  
Hard Things~~

~~(dopamine detox) You  
can grow new brain~~

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cells. Here's how |

Sandrine Thuret

Rewiring the Anxious

Brain - Neuroplasticity

and the Anxiety

Cycle (Anxiety Skills

#21) ~~Why Your Brain~~

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~~My Brain Works~~

~~Differently: Autism~~

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~~Understanding --~~

If so, your brain may  
be growing old too  
fast, or degenerating.

Modern diets, a  
stressful lifestyle, and

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environmental toxins  
all take their toll on  
the brain. The brain  
wants to get well

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Kharrazian | Dr ...~~

When suffering from  
brain fog, your brain is  
unable to get the  
nutrients and oxygen  
that it needs to  
function properly. It

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boils down to a circulation issue, which can be caused by not getting enough exercise, or having a somewhat sedentary lifestyle. By getting regular exercise, your neural connections increase, and your hormones balance out.

~~Feel Like Your Brain~~

*Page 15/37*

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~~Not Working? You~~

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Why Isn't My Brain

Working? This new

book offers a

revolutionary

understanding of

brain decline and

effective strategies to

recover your brain's...

The brain wants to get

well. This doesn't just

happen to

seniors' brain



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Working? disorders and degeneration are on the rise for... Brain degeneration affects ...

And Effective  
~~Why Isn't My Brain  
Working?~~ by Dr. Datis  
Kharrazian

Research Your  
Brain's Health  
The first sign of neurodegeneration in the way the brain works is as it starts to degenerate and fail,

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Working?  
one of the earliest  
symptoms is low  
endurance of the  
brain, and then that  
presents as fatigue.  
So when your brain  
shuts down,  
everything shuts  
down.

Brains Health  
~~Why Isn't My Brain  
Working? □ How To  
Treat Brain Fog ...  
About Your Brain.~~

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Learn how to spot brain degeneration and stop it before it's too late. Don't waste another day wondering why your brain is not working. Learn what you can and should do about it. Why Isn't My Brain Working? harnesses cutting-edge scientific research for safe, simple, and truly

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Working? Effective solutions to declining brain function.

~~Why Isn't My Brain Working?~~

Why Isn't My Brain Working?: A Revolutionary Understanding of Brain Decline and Effective Strategies To Recover Your Brain's Health

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~~(PDF) Why Isn't My  
Brain Working?: A  
Revolutionary ...~~

When hormones become imbalanced you lose neurotransmitter activity, which affects how you feel, function and view your life.

Hormonal imbalances significantly impact brain brain

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inflammation and degeneration and considerably speed aging of the brain .

And many, many other items to be considered.

~~Brain Fog: Why Isn't  
My Brain Working?  
Chiropractor~~

If so, your brain may be growing old too fast, or degenerating.

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Modern diets, a stressful lifestyle, and environmental toxins all take their toll on the brain. This doesn't just happen to seniors—brain disorders and degeneration are on the rise for young and old alike. The good news is the brain is extremely adaptable and wants to get well.

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revolutionary  
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Dr. Kharrazian is the author of the best-selling book, *Why Isn't My Brain Working?*, a well-reviewed and an exhaustively referenced book that illustrates Dr.

Kharrazian's model for supporting the



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Working? Dr. Kharratian  
has a private practice  
in San Diego,  
California.

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Working?: A  
Revolutionary  
Understanding...~~

Essentially you will  
learn how brain  
degeneration affects  
every part of your  
body (the brain

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Working? A  
controls/oversees  
many processes,  
especially digestion).

Gut health, Decline  
reciprocally, can also  
deeply improve and  
restore healthy brain  
function.

Brains Health

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Kharrazian~~

Why Isn't My Brain  
Working? will teach  
you strategies to save  
and improve brain  
function. You will  
learn how simple diet  
and lifestyle changes  
and nutritional therapy  
can profoundly impact  
your brain health and  
thus the quality of

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Learn what you can  
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Why Isn't My Brain  
Working? will teach  
you strategies to save  
and improve brain  
function. You will

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Working  
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Understanding  
Of Brain Decline  
And Effective  
Strategies To  
Recover Your  
Brain's Health

Learn how simple diet and lifestyle changes and nutritional therapy can profoundly impact your brain health and thus the quality of your life. Don't waste another day wondering why your brain is not working. Learn what you can and should do about it.

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